



# Breakfast

Available until 11.30am

|  |      |   |      |
|--|------|---|------|
| <b>LOADED TOAST</b><br>Choice of bread & two spreads:<br>Rye (v)   ciabatta (v, gfo)<br>Berry jam (v, gf)   Nutella (gf)   honey (vg)  <br>Fix & Fogg peanut butter (v, gf)  | 10   | <b>SUMMER PAVLOVA FRENCH TOAST</b><br>Brioche toast, passionfruit curd, toasted meringue,<br>summer berries, macadamia butter   | 23   |
| <b>DIANE'S MUESLI</b><br>House made granola, Clevedon buffalo Greek<br>yoghurt, fruit compote (vg)   | 15   | <b>SIMPLY EGGS</b><br>Choose your house baked bread:<br>Rye (v)   rēwena (v)   ciabatta (v, gfo)<br><i>Choose your egg:</i><br>poached   scrambled   Tuscan fried   | 14.5 |
| <b>EGGS BENEDICT</b><br>Poached eggs, streaky bacon,<br>bubble & squeak rosti, parmesan hollandaise,<br>charred green (gf)<br><br><i>Don't fancy bacon?</i><br><b>Eggs Royale</b> - smoked salmon (gf) + 2<br><b>Eggs Florentine</b> - wilted spinach (vg, gf)                                       | 25.5 | <b>ADD SOME DELICIOUS SIDES</b><br>Streaky bacon (gf) + 7<br>House smoked salmon (gf) + 9<br>Bubble & squeak rosti (v, gf) + 6<br>House baked beans (v, gf) + 4<br>Pork sausage (gf) + 5<br>Seared haloumi (vg, gf) + 6<br>Sautéed baby spinach (v, gf) + 5<br>Grilled tomato (v, gf) + 6 |      |
| <b>SMASHED AVOCADO</b><br>Charred corn bread, black bean pico de gallo,<br>coriander, tortilla crisp (v, gf)   | 22   | <b>KIDDIES SCRAMBLED EGGS</b><br>Served on toasted ciabatta (vg, gfo)<br><br>Add fries and Charlie's juice pouch to any kiddie's meal<br>for an additional \$6.00   | 11.5 |
| <b>BREAKFAST COCKTAILS</b><br>MIMOSA - Prosecco, orange juice, grenadine<br>BLOODY MARY - Vodka, spiced tomato, olive<br>FRENCH MARTINI - Vodka, Chambord, pineapple<br>APEROL SPRITZ - Aperol, prosecco, soda   | 15   | <b>EXPLORE OUR COUNTER</b><br>For a wide selection of savouries, sandwiches,<br>and sweet treats  |      |
| <b>HOUSE SMOOTHIES</b><br>BLAST - mixed berry, banana, yoghurt<br>HEALTH - spinach, mango, coconut water, chia seeds<br>TROPICS - mango, pineapple, passionfruit, coconut<br>ICED CHOCCY - whipped cream, chocolate nibbles<br>WAKE ME UP - espresso, chocolate almond milk,<br>peanut butter, dates | 10   |   |      |

PLEASE PLACE YOUR ORDER AT THE FRONT COUNTER

v - VEGAN | vg - VEGETARIAN |  
gf - GLUTEN FREE | o - ON REQUEST

#### ALLERGIES

PLEASE INFORM YOUR SERVER OF ANY ALLERGIES PRIOR TO ORDERING.  
WHILE WE TAKE AS MUCH CARE AS POSSIBLE, WE CANNOT GUARANTEE  
THAT TRACE ELEMENTS MAY NOT BE PRESENT

MON | 7 A.M TO 4PM  
TUE – FRI | 7 A.M TO 5PM  
SAT – SUN | 8.30 A.M TO 5PM

217 WAKEFIELD STREET, TE ARO  
@ZEPHYR\_CAFE\_WELLINGTON  
[WWW.ZEPHYRCAFE.CO.NZ](http://WWW.ZEPHYRCAFE.CO.NZ)  
FULLY LICENSED

1.5% SURCHARGE ON CREDIT CARDS | 15% PUBLIC HOLIDAY SURCHARGE

# Lunch

11.30am until 2.30pm

|  |      |  |      |
|--|------|--|------|
| <b>CHICKEN KATSU SALAD</b><br>Grilled Romaine, Caesar dressing,<br>soft ramen egg, Japanese curry cream,<br>rice seeded croutons<br><b>Vegetarian</b> - plant chicken + 1.5<br><b>Vegan</b> - plant chicken & tofu + 2                                     | 25   | <b>VIETNAMESE SALAD</b><br>Grapefruit, kimchi pancake, goma dressing,<br>peanuts, fried shallots, torn mint (gf)<br><i>Choose your protein:</i><br>King prawns (gf)   chicken (gf)   | 27.5 |
| <b>THE REUBEN HASH</b><br>Shaved beef brisket pastrami,<br>Agria potato cake, sunny side fried egg,<br>peppercorn crème, cabbage apple salad,<br>garlic rye crisps (gfo)   | 25   | <b>THE CLASSIC BURGER</b><br>Smashed beef, smoked cheese, pickles,<br>lettuce, Zephyr secret sauce,<br>house baked milk bun, fries (gfo)<br><b>Vegetarian</b> - Impossible burger + 2<br><b>Vegan</b> - Impossible burger, vegan cheese + 2.5  | 24.5 |
| <b>EGGS BENEDICT</b><br>Poached eggs, streaky bacon,<br>bubble & squeak rosti, parmesan hollandaise,<br>charred green (gf)<br><i>Don't fancy bacon?</i><br><b>Eggs Royale</b> - smoked salmon (gf) + 2<br><b>Eggs Florentine</b> - wilted spinach (vg, gf) | 25.5 | <b>SIMPLY EGGS</b><br>Choose your house baked bread:<br>rye (v)   rēwena (v)   ciabatta (v, gfo)<br><i>Choose your egg:</i><br>poached   scrambled   Tuscan fried  | 14.5 |
| <b>SMASHED AVOCADO</b><br>Charred corn bread, black bean pico de gallo,<br>coriander, tortilla crisp (v, gf)   | 22   | <b>KIDS MEALS</b><br>Beef lasagne topper, salad   scrambled eggs, toast  <br>cheese toastie, corn chips, salad<br><br>Add fries and Charlie's juice pouch to any kiddie's meal<br>for an additional \$6.00   | 11.5 |
| <b>12-HOUR LAMB RAGU PASTA</b><br>Bon Gusto pappardelle, confit tomatoes,<br>mustard crème fraiche, Grana Padano,<br>smoked paprika salt   | 27   | <b>FRIES</b><br>Zephyr seasoning, aioli, tomato sauce (vo, gf)   | 12   |
| <b>COCKTAILS</b><br>MIMOSA - Prosecco, orange juice, grenadine<br>BLOODY MARY - Vodka, spiced tomato, olive<br>FRENCH MARTINI - Vodka, Chambord, pineapple<br>APEROL SPRITZ - Aperol, prosecco, soda   | 15   | <b>HOUSE SMOOTHIES</b><br>BLAST - mixed berry, banana, yoghurt<br>HEALTH - spinach, mango, coconut water, chia seeds<br>TROPICS - mango, pineapple, passionfruit, coconut<br>ICED CHOCCY - whipped cream, chocolate nibbles<br>WAKE ME UP - espresso, chocolate almond milk,<br>peanut butter, dates | 10   |

# Grazing

2.30pm until close

|  |    |  |    |
|--|----|--|----|
| <b>BAKED CAMEMBERT</b><br>Kapiti Island honeycomb, toasted walnuts,<br>warmed ciabatta (gfo) | 19 | <b>FRIES</b><br>Secret squirrel seasoning, aioli, tomato sauce (vo, gf)                          | 12 |
| <b>CHICKEN LIVER PARFAIT</b><br>Caramelised onion fig relish, warmed ciabatta (gfo)          | 19 | <b>EXPLORE OUR COUNTER</b><br>For a wide selection of savouries, sandwiches,<br>and sweet treats |    |

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